

Cool Tools Behavioral Lesson Plan

Universal Expectation: Responsible & Respectful

Name of the Skill/Setting: Buddy classroom

Purpose of the lesson/Why it's important: To stop a negative cycle of behavior. This is a nonpunitive strategy for helping children regain their self-control. Use when a student refuses to go to time-out, continues to act out while there, or resumes disruptive behavior upon returning to the group, to prevent escalation into an office referral.

Teaching Examples: Introduce this a few weeks after practicing the thinking chair. Explain that the purpose is to help children regain self-control. "When time-out in our room isn't enough, we can try going to another room." Keep talking to a minimum, no arguing, coaxing or reasoning. Send a messenger to the buddy teacher with the request that "my teacher needs you" or an object to deliver that means the same thing. The buddy teacher comes to get the child and escorts them to the buddy room, and sends them back when the child is calm. If the buddy teacher is unable to respond, the messenger goes to the office for someone to help escort the student to the buddy room.

Kid Activities/Role-Plays: Have the class practice with each child who wants to going to retrieve the buddy teacher, and going to a buddy room (and sitting for a minute in the thinking spot in the buddy room), and everyone else continuing to do their work without interacting with the child.

Follow-Up Reinforcement Activities: Welcome the child back to the classroom. Be prepared to discuss what led to the need for a time-out in the buddy classroom.